



Making Wise Choices in Long-Term Care

18th Annual Conference

Thursday, October 6th, 2016
8:00 am - 4:30 pm

New Jersey Long-Term Care Leaders Coalition



THE SOCIETY
FOR POST-ACUTE AND
LONG-TERM
CARE MEDICINE™



ACHCA
American College of
Health Care Administrators
New Jersey Chapter



Crowne Plaza
390 Forsgate Drive
Exit 8A-NJ Turnpike
Monroe Township (Jamesburg)
New Jersey 08831



*THE NEW JERSEY LONG-TERM
CARE LEADERS COALITION*

A collaborative group of clinical professionals dedicated to:

Encouraging communication between healthcare professionals and direct care workers in order to provide integrated care and improve resident care and quality of life.

Providing educational opportunities for healthcare professionals of multiple disciplines and direct care workers that will promote interprofessional practices and integrated quality care.

The Coalition consists of the:

- New Jersey Association of Directors of Nursing Administration/LTC
- New Jersey Medical Directors Association
- New Jersey Geriatrics Society
- New Jersey Chapter, American College of Health Care Administrators

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The Coalition encourages membership in one or more of the participating organizations. The success of the Coalition is dependent upon organizational membership as well as attendance at the annual conference. If you are not already a member of one of the organizations, please consider joining one or more. Applications for membership will be available at the conference or online at:

www.NJLTCLC.org

For more information and/or to register online, visit:

www.NJLTCLC.org

Phone 732-574-9434, extension 105

Maureen Ziegler, Conference Coordinator

Making Wise Choices in Long-Term Care - AGENDA

8:00-8:45	Registration & Continental Breakfast
8:45 - 9:00	Welcome: Richard Bullock, MD, FACP, CMD President, NJLTCLC
9:00 - 10:00	<p>Achieving the Value Proposition in Post-Acute Care: Quality and Cost Anita Chopra, MD, FACP, AGSF, CMD</p> <ul style="list-style-type: none"> • <i>Identify CMS goals for quality & payment reform</i> • <i>Discuss recent regulatory changes that are impacting the long-term and post-acute care environment</i> • <i>Identify the challenges & new opportunities in LTC</i> • <i>Describe the best practice strategies in the “Episode of Care”</i>
10:00 - 10:30	BREAK
10:30 - Noon	<p>Establishing a System of Care for Managing Behavioral Disturbances in Dementia Lucille Esralew, PhD; Martin Forsberg, MD; Deborah Klaszky, MSN, APN-C</p> <ul style="list-style-type: none"> • <i>Identify common Behavioral & Psychological Symptoms of Dementia (BPSD)</i> • <i>Describe appropriate nonpharmacological interventions for the management of BPSD in neurocognitive disorders</i> • <i>Recognize the importance of the Interdisciplinary Behavioral Team in developing person-centered nonpharmacologic interventions</i> • <i>Discuss the value of utilizing the Behavior Monitor Log to identify antecedents & consequences of behavioral disturbances</i> • <i>Explain the limitations of antipsychotics use for the treatment of BPSD</i>
Noon - 1:30	LUNCH
1:30 - 2:30	<p>Living with Bundled Payments: The Beginning of the End or the End of the Beginning? Joshua Jacobs, JD, MBA</p> <ul style="list-style-type: none"> • <i>Describe value-based payments- in particular “Bundled Payments”</i> • <i>Predict where and which changes can be implemented at their facility</i> • <i>Utilize strategies to improve quality of care and financial performance</i>
2:30 - 3:00	DESSERT BREAK
3:00- 4:30	<p>Maximizing Clinical Outcomes By Minimizing Dietary Deficiencies: A Multidisciplinary Approach Keerti Sharma, MD, AGSF; Janet Patullo, RN, BC, BSN, MBA; Samuel Zwetckhenbaum DDS, MPH; Nicole Dell’Aquila, RD,BS; Helaine Ledany, MAA, LNHA, FACHCA</p> <ul style="list-style-type: none"> • <i>Recognize age-related changes in appetite & food intake; on weight & body composition, & define “significant weight loss” & understand its association with morbidity & mortality</i> • <i>Appraise & assess the nutritional & dietary management of the complex LTC resident from the nursing perspective</i> • <i>Develop additional tools & understanding to assess & manage their dietary program & meet residents’ nutritional needs</i> • <i>Recognize the importance of a commitment to a strategy to improve oral health for residents in LTC & identify a good oral health program</i>

**Space is limited, register early.
 Last year’s conference was sold out!**

New Jersey Long-Term Care Leaders Coalition



Disclosure Statement

Planning committee members, speakers and staff have reported they have no relevant financial relationships to disclose.

Needs Assessment Statement

The NJLTCLC Annual Conference is intended to educate and update all healthcare disciplines and other healthcare providers on the latest information on evidence-based practices in improving the quality of care for elderly individuals. **Target Audience**

The annual conference is appropriate for physicians, physician assistants, nurses, nurse practitioners, administrators, pharmacists, dietitians, social workers, medical directors, care managers and direct care workers in long-term care environments.

Commercial Support Statement

There is no commercial support received for this activity.

Disclaimer

Accredited status does not imply endorsement by NJSNA, NJLTCLC, or ANCC of any commercial product or service.

Special thanks to the following for assisting in obtaining continuing education credits and contact hours:

American Medical Directors Association-The Society for Post-Acute and Long-Term Care Medicine, NJ State Nurses Association, NJ Chapter of American College of Health Care Administrators, NJ Board of Pharmacy, Commission on Dietetic Registration, Association of Social Work Boards.

Accreditation Statements:

Medical Directors and Physicians

This live activity has been planned in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA - The Society for Post-Acute and Long-Term Care Medicine (AMDA) and the New Jersey Long-Term Care Leaders Coalition (NJLTCLC). AMDA-The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CMD Credit Statement: This live activity has been submitted to the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for approval.

Nurse Contact Hours

This activity has been submitted to New Jersey State Nurses Association for approval to award contact hours. New Jersey State

Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 5 contact hours have been applied for.

Attendees must be present for entire program to receive full credit. Partial credit will not be awarded.

Nursing Home Administrator Credits (NJ, NY, PA Credits)

5 continuing education credits for nursing home administrators have been applied for through the NJ Chapter, American College of Health Care Administrators. Administrators should only claim credit commensurate with the extent of their participation in the activity.

Pharmacist Credits

5 continuing education credits for pharmacists have been applied for through the NJ Board of Pharmacy.

Dietitian Credits

5 continuing education credits for dietitians have been applied for through the Commission on Dietetic Registration.

Social Worker Credits

5 continuing education credits for social workers have been applied for through the Association of Social Work Boards. For more information call OPT Communications, 732-574-9434 ext 105.

Case Managers

5 clock hours for certified case managers has been submitted to the Commission for Case Managers Certification for approval.

Planning Committee

Rebecca Abenante, MA, MSW, LSW, ASW-G
Paul N. Bryman, DO, FACP, AGSF, CMD
Richard Bullock, MD, FACP, President of NJLTCLC
Helaine B. Ledany, LNHA, MPA, CNHA, FACHCA
Harlan Martin, RPh, CCP, FASCP
Sharon Moffett, CME/Distance Learning Manager, AMDA
Elyse Perweiler, MA, MPP, RN
Kathleen Powell, RN, BSN, CRRN, CALA
Joshua Raymond, MD, CMD, MPH
Robert Reyes, MBA, LNHA, CNHA, FACHCA
Sherry Robb, AA, NJADONA/LTC
Keerti Sharma, MD, AGSF
Maureen Ziegler, BS, Conference Coordinator

OPT Communications

Administrative Management & Event Coordinators for NJLTCLC
Barry Heil, Managing Director, Logistics Coordinator
Kathleen Tumminello, Assistant Director
Maureen Ziegler, Conference Coordinator
Raya Warner, Communications Coordinator

Making Wise Choices in Long-Term Care

- Current member of a NJLTCLC organization: NJGSA NJADONA NJAMDA NJACHCA: **\$100 (until August 15)**
- General admission (non-members of Coalition organization): **\$110 (until August 15)**
- All admissions after August 15 (members and non-members): **\$125 (after August 15)**

Registration fees must be received before the day of the conference

First Name: _____ Last name _____

Profession: _____ Credentials (i.e. MD, RN, RD, RPh): _____

Facility of Employment: _____

Work Phone: _____ Fax Number: _____

Cell Phone: _____ Home Phone: _____

Home Address: _____

City / State / Zip code: _____

E-Mail: _____

Make checks payable to: **NJ Long-Term Care Leaders Coalition**

Paying by credit card (check one). Please provide phone number to confirm credit card information:

- MasterCard Visa American Express Discover

Credit Card charge will appear on monthly statement as: NJ Long-Term Care Leaders Coalition

Credit Card Number: _____ Exp Date: _____

Cardholders Name (print): _____

Cardholders Billing Address (print): _____

Security Code: (Required for CC validation) _____

Do not include my information in Conference Journal

Special needs or accommodations, please contact us.

Special dietary requirements or allergies, please contact us.

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Info: Maureen Ziegler, 732-574-9434, ext. 105

*Cancellations before September 1 will incur a \$25 administration fee.
No refunds for cancellation after September 1.*